

Community Resource List

General Assistance

Dial 211

This is the best place to start. This provides referrals for many LA county agencies, assists in evaluating the programs the client may qualify for, and can help to schedule intake interviews. Some resources are also shown on www.211/lacounty

DPSS

Department of Public Social Services
Apply here for food stamps or other social services.
2040 W. Holt Ave. Pomona
(866) 613-377
diss.lacounty.gov

Glendora

Caseworker specifically for those experiencing homelessness.
Emergency:
911
Non-emergency:
(626) 914-8235

Lifeline Phone Program

If you meet a certain limited income criteria, your household may qualify for a discount on monthly service to a cellphone or landline (1 per household). Free cellphones may also be available. Apply at: californialifeline.com

Rent, Shelter, and Health Services

Volunteers of America | Monday - Thursday | 8am-4:30pm | (626) 442-57

Assistance available for housing, re-entry, and veterans for individuals without children. Call for services.

Union Station Family Center | Monday - Friday | 8am-5pm | (626) 337-0140

Rent assistance for families with underage children. No emergency shelter or housing available.

Hope for Home Shelter | Monday - Friday | 8:30am-4:30pm | 1440 E. Mission Blvd. Pomona | (909) 766-1845

For people over 18 without children.

Foothill Family Shelter | (909) 920-0453

Call to inquire, housing assistance available. Can provide medical and dental referrals. ID needed.

Pacific Clinics | (877) 722-2737

Outpatient program - behavioral health clinic.

Community Outreach Ministries | Monday - Thursday | 9am-5pm | Lake Avenue Church, Pasadena | (626) 844-4700

Can only help with rent.

Services for Domestic Violence

YWCA San Gabriel Valley | Monday - Friday | 8:30am-5pm | 943 N. Grand Ave, Covina | (626) 960-2995

Services for seniors and victims of domestic abuse.

Domestic Violence 24-Hour Help Line: (626) 967-0658

House of Ruth | Monday - Friday | 9am-5pm | (909) 623-4364

For those experiencing intimate partner abuse. Offers counseling, classes, support groups, and legal assistance.

24/7 Emergency Shelter line: (877) 988-5559

Food Distribution Sites

**Note: Most of these require two forms of ID: picture ID and a piece of mail with an address on it*

Shepherd's Pantry | Wednesday & Thursday | 5-7pm | 657 E. Arrow Hwy, Glendora | (626) 852-7630

Food services - 3x a month, clothing - 1x a month, haircuts - 1st & 3rd week of the month.

Seeds for Life | 1st & 3rd Wednesday of the Month | 8-11am | 305 E. Arrow Hwy, Pomona | (626) 852-7630

Food distribution. Closed in August. Adjusted schedule in December.

Inland Valley Hope Partners | Mon, Wed & 2nd /4th Fri | 2-4pm | 110 E. Third Street, San Dimas | (909) 622-3806

Food distribution. Additional locations available on their website at: InlandValleyHopePartners.org

Foothill Unity Center | Monday, Wednesday, Friday | 9-11:30am | 790 Chestnut Ave, Monrovia | (626) 358-3486

Food distribution & health referrals. Office open for referrals Monday - Friday, 9:00am-12:00pm and 1:00-4:30pm.

Action Food Pantry | Thursdays | 12-3pm | 17880 E. Covina Blvd, Covina | (626) 319-0554

Food distribution for the homeless - 1x a week.

Food distribution for others - 2x a month (ID & proof of residence required).

Church of the Redeemer | Last Thursday of the Month | 6-7pm | 3739 Monterey Ave, Baldwin Park

| (626) 364-2426 (text or call)

ID required. Must call to set up an appointment. Appointments can be made Monday, or Wed - Fri from 9am to 1pm.

Foothill Family Shelter | 1501 W. 9th Street, Suite D, Upland | Tuesday-Friday | 9-12pm, 1-5pm

| (909) 920-0453

Hygiene items & food assistance within business hours.

East San Gabriel Valley Coalition for the Homeless | Monday - Friday | 8:30am-1:30pm | 15701 Hill St. La Puente

| (626) 333-7204

Meals & hygiene items offered by drive thru only.